



“

*How deeply you touch another life, is how rich your life is.*

”

## Mrunal Lamge



For **Mrunal**, coaching is a form of self-expression. A path of self-awareness and being mindful. It has been a deep learning journey for him, and to see the immense difference it makes in the lives of a coachee. It is in itself a transformational experience for him.

**What makes Mrunal stand out as a coach is probably his way of being present in a coaching session.**



**520 hours of Coaching Experience**  
**24 years of Overall Corporate Experience**



### COACHING CREDENTIALS

- Pragati Leadership's Fast Track Coaching Program [ICF approved]
- Coaching Certification from Coach-to-Transformation [ICF approved]
- Coacharya [ICF approved]
- Appreciative Coaching from Fielding Graduate University, USA [ICF approved]
- Fundamentals of Ontological Coaching [ICF approved]
- Coaching for Breakthrough Performance from SMR, Malaysia



### Level of Leaders Coached

Senior & Top Management  
High Potentials  
Individual Professionals  
Entrepreneurs



### Key Sectors

- Banking
- IT
- Specialty Chemicals (European MNC Company)
- Social Sector
- Law Firm Partners
- Manufacturing
- Leading Conglomerates
- Entrepreneurs and Professional Executives



**My Strengths**

**Presence and Mindfulness**



## AWARDS & RECOGNITION

- The book, The Power of Professional Coaching, published by ICF Mumbai Chapter, a collection of coaching stories from across India, features a coaching story by Mrunal. Magda Mook, CEO of ICF [then] launched the book at the Global Leaders Forum at Poland [March 23-26,2017].

## EDUCATIONAL QUALIFICATIONS

- B.E. [Production] - Mumbai University
- DBM & DMM from Prin. Welingkar Institute of Management, Mumbai

## OTHER CERTIFICATIONS

- Certified Professional Trainer from SMR, Malaysia in 'The Magic of making training FUN!'
- Experiencing & Learning Appreciative Inquiry
- Certificate in Innovative Teaching
- Certified Facilitator in Common - sense Parenting



## KEY CLIENTS



Shapoorji  
Pallonji



Axis Bank



Asian Paints



Datamatics



Godrej  
Properties



Johnson  
Matthey



Piramal  
Group



RPG  
Group

## MORE ABOUT : MRUNAL

As one who strives for a healthy work-life balance, Mrunal is a proponent of Isha Yoga & regularly practices pranayam & meditation, loves to read and pursues photography. He is passionate about self – development, making a difference and building authentic relationships!

As a volunteer, he is part of the Managing Committee of the ICF – Mumbai Chapter. He is also a core team member of International Association of Facilitators (IAF) – India.