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*I see coaching as a very spiritual and transformative process which can bring significant, often life-changing breakthroughs in effectiveness and well-being, as well as creating a high positive impact on the business front.*

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## Arun Wakhlu



**3,500 hours of Coaching Experience**  
**30,000 hours of Overall Experience**  
**as a Consultant**



### COACHING STYLE

- What makes Arun stand out as a coach is his intense presence in the coaching sessions, listening and compassion. Arun believes in trusting his intuition to guide him in each moment as to the most optimal strategy and response at that time.



### COACHING CREDENTIALS

- ICF ACC Credentialed Coach



### Level of Leaders Coached

CXO level management leaders



### EDUCATIONAL QUALIFICATIONS

- B.E. from Indian Institute of Technology (Delhi) in Electrical Engineering
- Post-Graduate diploma course in Business Administration from the Indian Institute of Management (IIM), Ahmedabad.



### Key Sectors

- BFSI
- Realty
- Telecom
- Manufacturing
- IT



### My Strengths

**Compassion and a deep intention that the other is liberated from suffering and limitations.**



## AWARDS & RECOGNITION

Winner of the prestigious 'Learning Luminary' Award at the Best Change Interventions of Asia Study & Awards, organized by the L&OD Roundtable, July 2013.

Publications: Author of the award-winning book "Managing from the Heart", co-author of four other books and publisher of over 30 papers. He has also co-authored, "One Wholesome World" book along with his father Dr. Omkar Nath Wakhlu.

Course Director for programme on "Ethics in Public Governance", designed for senior members of the Indian Administrative Service (IAS) and Indian Police Service (IPS). Arun has taught "Corporate Ethics" in the PGPX programme and "Managerial Oral Communication" at IIM, Ahmedabad.

## KEY CLIENTS



Goldman Sachs



Morgan Stanley



Harman



Bharti AXA



ICICI Prudential



Vodafone



Idea Cellular

## MORE ABOUT : ARUN

**Arun** is a true believer in the concept of **One Wholesome World**: a world which is joyful, socially just and healthy for all (including future generations) co-created by communities of people who are living and leading consciously.

It is this passionate desire to reach out to others that led him to start **Pragati Foundation**, a Non-Government Organization based in Pune. The Foundation works towards realizing this dream.

He also leads project "**Awaken-I**" committed to the vision of "**Great Work for all**".

A man of varied interests, Arun is fond of long walks along with his dog. He also enjoys conversations from the heart, meditation, graphic recording, dancing and creative writing.