







**Niloufer** started coaching because she found it a very satisfying process in which she could see visible shifts in the coachee over a period of a few months. She enjoys harnessing the power of questions which bring about rapid shifts in the coachee at deeper levels.

Change your paradigm and see possibilities!



### **EDUCATIONAL QUALIFICATIONS**

- Post-graduate in Instructional Design
- PhD in Sociology
- B.Com from Mumbai University



# **OTHER CERTIFICATIONS**

- Certified in Six Seconds Emotional Intelligence Assessment
- Certification for MBTI and Coaching from Fast Track Coach Academy
- Certified NLP Master Practitioner and Trainer
- Certification in Systems Thinking (Level1 & 2),
  OPQ



# **Key Sectors**

Manufacturing

IT



600 hours of Coaching Experience 25 years of Overall Work Experience



# **COACHING STYLE**

- Incorporates role play to a great extent while coaching
- Also uses quiet time and mindfulness



# **COACHING CREDENTIALS**

FastTrack Coaching, USA



**Level of Leaders Coached** 

Senior Management



- The ability to listen actively, observe the client's body language and reflect the clients' thoughts accurately through paraphrasing
- Asking powerful questions and focusing on the client's goals

#### **KEY CLIENTS** Pidilite TATA ACC Bayer **BMC** George Sudarshan Industries Cements **Technologies** Software Clinical Chemicals

**MORE ABOUT: NILOUFER** 

Chat with Dr. Aga and you will discover that she has done two levels of Reiki, is an avid reader, a complete foodie and an adventurous cook who loves trying out new exotic recipes.

It was her keen desire to travel, meet new people and help individuals achieve their highest potential that prompted Niloufer to join Pragati Leadership and CoachMantra™ and is today one of its integral members.

What makes Niloufer stand out as a coach is her approachability, availability and patience!