



Using interventional techniques like NLP and Hypnosis, rather than pure conversational, cognitive coaching techniques leads to far better results.



Sachin Thombare

Curiosity makes this cat happy!

Sachin has been a lifelong learner and his curiosity about himself and the world keeps him going.

An avid writer, Sachin's articles have been featured in The Economic Times and The Hindu. He has written for magazines like Complete Well being and has been a Think Tank columnist for The World SME forum, Dubai.

People familiar with him have reported a quirky sense of humour laced with many on the spot one – liners.

Sachin started coaching quite simply because he had the ability to be a good coach and he enjoyed the process – it gave him the satisfaction of being of service to somebody.

What makes Sachin stand out as a coach: His ability to go to the root of the problem and to use tools which most coaches do not have or use (Neuro Linguistic Programming, Hypnosis, Gestalt) For example – deep rooted fears, belief systems and behavioral patterns rarely change by mere conversations. Sachin has had opportunities to work with clients to create a wide level of transformational changes in aspects such as habits, limiting beliefs, negative behavior patterns, chronic health issues etc.



268 hours of Coaching Experience
19 years of Overall Corporate Experience



COACHING STYLE

- Going to the psychological root of the issue using interventional techniques like NLP, Hypnosis.



COACHING CREDENTIALS

- Certified Life Transformation Coach



EDUCATIONAL QUALIFICATIONS

- Master's in Business Management with a specialization in Finance.



Level of Leaders Coached

Entrepreneurs, CXO's, Senior and Mid-Level Management



My Strengths

A deep understanding of the human mind and the use of therapeutic interventions.



OTHER CERTIFICATIONS

- Master Practitioner – Neuro Linguistic Programming (NLP)
- Certified Clinical Hypnotherapist
- Certified Life Transformation Coach
- Certifications in Instructional Design and Facilitation Skills